



Sept/Oct
2011

outlook

The newsletter of Highgate United Reformed Church
Pond Square Chapel, South Grove, Highgate, London N6 6BA

From the Minister

Happiness, the Indirect Approach, & Community

I've heard people say that what they most want is to be is 'happy'. But happiness is a fleeting and elusive feeling. When pursued directly, happiness often eludes us. Accumulating money and possessions does not bring happiness; nor, necessarily, does finding a partner. Happiness is a temporary by-product of pursuing worthwhile things. Happiness comes unbidden when we are concentrating on something else, when we are concentrating on someone else. We might say, therefore, that happiness is experienced only indirectly or obliquely.

How many advertisements do you read or watch that say: "Buy this . . . because it will . . ."? None. Advertisers know that it is much more effective to use the indirect and oblique approach of associating desirable states with their product. This is why hundreds of thousands of pounds are spent conjuring a desirable scenario and placing the product or service

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in it. Of course, now that 'product placement' is allowed in the UK, commercial firms will be channelling resources into getting their products subtly placed in films and TV programmes; as has been the practice in the USA for some time now. No one likes being told "Do this", "Buy that"; we each like to think we are making the choice ourselves. In fact, we are often responding subconsciously to external stimuli. This is why advertisers know their Freud.

The church in the UK, along with those in the developed world, face the considerable challenge that most people value life exclusively in terms of 'this-worldly' goals. They want a good standard of living; financial security; something worthwhile to do, and life-enhancing relationships. However, achieving these does not guarantee happiness. Jesus did not promise his followers happiness; nor should the church. Jesus promised some of the most unlikely people that they were 'blessed'. To be blessed is to be the recipient of God's favour despite one's situation. To be blessed is to be in right relationship with God. While this does not bring happiness, it can bring joy; since being in right relationship with God means that we have found the source of true life. It means that we have begun the process of losing our self-centred orientation and have discovered Christ's other-centred orientation. Or, as Jesus put it, "Those who try to save their lives will lose them; but those who lose their lives for my sake will find them." This is the promise offered to all in the gospel. This is the 'treasure hidden in the field'; the 'pearl of great price': it is all the church has to offer.

But, here's the rub: whilst in our culture in the past, and still in some cultures today, Christians could go out and straightforwardly and directly tell others about the treasure of the gospel; today in our culture, this seems not to be very effective. Indeed, it can be counter-productive. As much as we might wish it otherwise, today we need to take an oblique and indirect approach. I propose that the indirect route to the gospel that we encourage others to take is via *community*. It has been recognised for some time now that people need to *belong* before they *believe*. Yet, as we know, the number of new people who will come along to Sunday worship is fewer and fewer. Of these, the proportion of people who actually know what the United Reformed Church and are therefore willing to 'give us a try' is tiny. But if we engage in those activities that people of 'good will' can see are worthwhile and make a difference in contributing the wider community, some of these may wish to come and help us. In time, when friendships have been made, these helpers may feel they are part of what the church stands for and may wish to come to worship. These, in time, may come to make their response to the gospel and discover the joy found in Christ's other-centred orientation. I am proposing that engaging with our wider community is the route by which we enable people to find communion with God; and communion with God is what sustains us to engage with our wider community.

Julian Templeton



FIRST AID COURSE

On the 8th of July we were pleased to welcome Claire Adams from the London Ambulance service, to teach emergency First Aid to a group of our teenagers and their friends.

Claire runs the 'Heartstart' course for the London ambulance service, aimed at increasing the general public's knowledge of how to deal with emergencies.

We all learned new skills – how to recognise and deal with someone who was unconscious; had had a cardiac arrest; or was choking. By the end of the evening everyone was 'resuscitating' the mannequins with flair!

Claire kindly provided a 'teach yourself at home' kit which can be borrowed by anyone in the congregation (just ask Jackie Wilson). There's more on the Heartstart course below and I'll also put some information about it on the table in the coffee area.

Note from Claire:

I am the community resuscitation development officer in your area working for the London Ambulance Service and the British Heart Foundation, to increase public awareness of emergency life skills and ultimately to improve cardiac arrest survival rates.

My role includes placing defibrillators in public places and raising people's awareness of how to deal with an emergency by offering free Heartstart training to community groups.

The training does not replace any first aid at work courses but it equips people with skills that are essential in an emergency.

I am looking for organisations that would work with me in cascading this training to their staff and to the wider community. We aim to get as many Londoners as possible trained in how to save a life.

If you are interested in knowing more about becoming a Heartstart organisation or receiving Heartstart training by London Ambulance staff or you are interested in getting a defibrillator at your site then please contact me to find out more.

Claire Adams, Tel: 07789650842 Email: Claire-Adams@lond-amb.nhs.uk

Julian's Study Day is Wednesday

Not everyone will know that Julian has tried to spend a good part of Tuesday to concentrate on his studies. However this has not worked out well, mainly due to the demands of deadlines. He has decided to change this to Wednesdays and see if he has more success. I would therefore like everyone to be aware of this and if possible not contact him on Wednesday unless it is urgent, and I will try to field any calls if I'm at home.

Laura Templeton

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Visiting Ministers

On 16th October we welcome **Mr Andrew Mills**, an Elder of St John's New Barnet, and an accredited lay preacher in the Synod. Another link with St John's.

Rev Roger Orme will be back in the pulpit on 2nd October and again on 6th November. It was nice to see him in the congregation twice in August, but he has not preached to us since early July, so it is very much welcome back!

Rev Robert Courtney will take the services on 30th October and 20th November. He gallantly stood in for Julian one Sunday when Julian had to return to New Zealand, but otherwise this is another welcome return to our pulpit, in Robert's case after a successful eye operation.

There is to be an exchange of pulpits within the Highgate Area of Shared Ministry on 27th November.

Perhaps I could add what a pleasure it is to have Iveta Oljenkova's help in sending out orders of service to our visitors and in attending to their needs. She, Marion Uglow when fit, and I will be starting work soon filling next year's vacancies.

John Thompson



Home Group

Refreshed from the summer break, the Home Group resumed its meetings last Wednesday, 7th September.

Generally, discussion is based upon the Lectionary Readings for the coming Sunday (see below). However, our explorations range widely, drawing upon our own experiences of life, as we seek to understand, reflect upon and apply Biblical insights to our world today. The Group generally numbers between six and eight people and the atmosphere is relaxed, informal and friendly. No prior knowledge or preparation whatsoever is required! Light refreshments are provided at the beginning and end of the evening.

We shall continue to meet each Wednesday from 7.45pm. to 9.45pm at 14, Southwood Park, Southwood Lawn Road, N6 5SG, apart from on Wednesday, 28th September when we shall gather at 1 Brookfield Park, Dartmouth Park, NW5 1ES.

If you have a spare Wednesday evening, we should be delighted to welcome you. Lifts, door-to-door, can be arranged.

Please contact Roger Orme: 020 8458 2144 or 07966956160.

Revised Common Lectionary

- 18 Sept** Jonah 3:10 – 4:11; Psalm 145:1-8; Phil 1:21-30; Matt 20:1-16
- 25 Sept** Ezekiel 18:1-4, 25-32; Psalm 25:1-9; Phil 2:1-13; Matt 21:23-32
- 2 Oct** Isaiah 5:1-7; Psalm 80:7-15; Phil 3:4b-14; Matt 21:33-46
- 9 Oct** Isaiah 25:1-9; Psalm 23; Phil 4:1-9; Matt 22:1-14
- 16 Oct** Isaiah 45:1-7; Psalm 96:1-9; 1 Thess 1:1-10; Matt 22:15-22
- 23 Oct** Leviticus 19:1-2, 15-18; Psalm 1; 1 Thess 2:1-8; Matt 22:34-46
- 30 Oct** Micah 3:5-12; Psalm 43; 1 Thess 2:9-13; Matt 23:1-12
- 6 Nov** Amos 5:18-24; Psalm 70; 1 Thess 4:13-18; Matt 25:1-13
- 13 Nov** Zephaniah 1:7, 12-18; Psalm 90:1-12; 1 Thess 5:1-11; Matt 25:14-30

Musical Events

Robert Manning, our Director of Music, is involved in two forthcoming recitals in London churches:

The first will take place at 7pm on Sunday 2nd October, at All Saints Church, Oakleigh Road North, N20 9EZ. Robert will present a 45-minute solo recital which will include music by Bach, Buxtehude, Samuel Wesley, himself and our friend Peter Anthony Monk.

The second starts at 7.30 pm on Saturday 5th November, at Crown Court Church of Scotland, Russell Street, Covent Garden, WC2B 5EZ. Robert, Julian Templeton and Robert's organ duo partner Tom Corfield from Derby Cathedral will present a concert of organ solos & duets and vocal solos entitled 'Cherishing their Memories: a Concert to remember our Loved Ones'.

This will be built around a new organ duo written by our friend Alan Gibbs in memory of Peter Monk's son Jonathan, who was killed in action in Afghanistan in June 2010. The rest of the programme will include a new work by another friend of Highgate URC, Brian Collins, and music by Elgar, Vaughan Williams, Peter Monk and Cesar Franck. The concert will last for about 75 minutes and be followed by simple refreshments.

At the time of writing Robert did not have precise booking details, but he assures us that it will be possible just to turn up on the day, and that admission costs will be very reasonable!



Robert Courtney reflects on Birth of URC at Area Forum

On Thursday 20 October, 7:30 pm, Trinity Church, 90 Hodford Road, Golders Green, NW11 8EG, Robert Courtney, who was very involved in advocating the union of Congregationalists with Presbyterians, will give an address to the Area Forum entitled: How the United Reformed Church was born. Any birth defects?

Contact Julian Templeton if you would like to attend and need a lift.

End of Life Forum

Remembrance Sunday

13 November, 12 noon – 3:00 pm
including light lunch.

Just imagine going on the longest journey you've ever been on, to a far away land with no plan ever to return. Would you consider not getting anything ready for it? Not telling your friends and family about your plans? And not organising anything, not even your passport? You'd never do that, would you? Or would you?!

How about your final journey? The one where you take your last breath and die. Why is it that every one of us makes this journey, yet the majority of us have made no plans for it; have not shared our wishes with our loved ones; and, even at an advanced age, think we're too young to do so?

Remembrance Sunday, where we remember those who have died, especially in war, is an opportune date also to think about the end of *one's own* earthly life. Most people avoid talking about death. They regard it as a morbid and depressing subject. However, very few of us, especially as we grow older, are completely untouched by the death of family members or friends. It is far kinder to our family if we have thought about and communicated what end of life care we would prefer, and what we wish to happen to us and our possessions when we die. Moreover, psychologically it is far healthier to confront that which we most fear. But most importantly of all, the Christian hope that death is not the end should mean that dying and death is something that Christians can talk about.

The End of Life Forum is an opportunity for people *of all ages* (since death is no respecter of age) to think and talk about the issues surrounding the end of life. To help us, we will look at some excellent resources produced by the 'Dying Matters' organisation, and we will see a copy of the well-thought-out *Lifebook* published by Age UK. We will begin with a light lunch in the Lounge from 12 noon, and finish by 3:00 pm.

Julian Templeton

Baptism of Elise

On Sunday 28th Elise was baptised by Julian in our church. Both our sisters had agreed to become godparents. Auntie Judit who is a dressmaker by profession had sewn Elise's dress and knitted a little jacket with hat. 18 family members had flown over from Germany to participate in the worship and celebrations. Together with the congregation we all enjoyed a glass of Prosecco with some nibbles after the service which were served by Anke's goddaughter Marie. After taking a group picture in front of the church all family members went with their fine shoes for a walk to enjoy the view from Parliament Hill. The weather was holding out and so we could all enjoy our tea, coffee and cake outdoors in Waterlow Park. Then our sports abilities were tested through playing boule and frisbee. After that everyone was really hungry and looking forward to some fine Spanish tapas served up in the beautiful Waterlow Park Centre.

Anke Böhme



Bangladesh

A chance to see life in Dhaka, Bangladesh's capital, came this summer during the three documentaries on BBC2 entitled "Megacities". The presenter, Andrew Marr, dealt with cities with enormous populations: Tokyo, Mexico City, Dhaka etc. Dhaka is built on a flood plain, the Buriganga River running through Dhaka is heavily polluted. Thousands of tonnes of industrial, chemical and human waste dumped into the water, create a breeding-ground for diseases. People pour into the capital from the countryside seeking work, many ending up in easily flooded overcrowded slum dwellings. When Bangladesh was founded forty years ago, the population was 40 million; now it is about 140 million.

For decades Bangladesh has been battered by cyclones and monsoon rains. In the Sundarbans, a mangrove forest stretching across SW Bangladesh, live an estimated 400 Royal Bengal Tigers. As this natural hunting ground is reduced by rising sea levels, the tigers stray into nearby villages where terrified villagers shoot them or beat them to death with bamboo. One fisherman barely escaped with his life after an attack, however the tiger caused him appalling disfigurement. A young woman whose husband was killed by a tiger is labelled a "tiger widow" and forced to live, like hundreds of other women, as an outcast, regarded as a harbinger of bad luck.

Two years ago much of the flood damage caused by Cyclone Aila was to the water and sanitation systems. Floodwaters seeped into drinking and washing water; latrines were washed away, allowing raw sewage to increase the risk of cholera. Swaths of farmland are still submerged in salty water, and rice fails to grow. However, Christian Aid with its partner Shushilan is training families to rear crabs to sell in the local market.

It is now forty years since Bangladeshis fought for independence, and in August war crimes suspects began to be tried on charges of mass murder and rape. A government tribunal will examine atrocities carried out: up to 3 million people were killed and thousands of women raped. Also preparing for hard work is the Anti-Corruption Commission, which will press charges against the former Prime Minister and her son.

I've put on the noticeboard Christian Aid's report on crab farming in SW Bangladesh: it is a report of hope and encouragement. Do please look at it.

Marion Uglow

Calendar September – November

September

- Wed 14 7:45 pm Home Group, 14 Southwood Park, N6 5SG
- Friday 16 12:30–1pm Christian Meditation
- Sunday 18 10:30 am Worship led by the Rev'd Philip Stewart
- Mon 19 2 – 4 pm Open Door Gathering
8:00 pm CTH Theology Group, 17 Southwood Lawn Road, N6
- Wed 21 7:45 pm Home Group, 14 Southwood Park, N6 5SG
- Thurs 22 8:00 pm HASM Liaison Group, Free Church, Central Square,
NW11 7AG
- Friday 23 12:30–1 pm Christian Meditation
- Sunday 25 10:30 am Worship led by Rev'd Julian Templeton followed by
Church Meeting
- Monday 26 7:30 pm CTH Open Meeting with Malachy Keegan (see p.17)
- Wed 28 7:45 pm Home Group, 1 Brookfield Park, NW5 1ES
- Friday 30 12:30–1pm Christian Meditation

October

- Saturday 1 7:30 pm Barn Dance (see back page)
- Sunday 2 10:30 am Worship led by the Rev'd Roger Orme
- Monday 3 2 – 4 pm Open Door Gathering
8:00 pm CTH Theology Group, 17 Southwood Lawn Road, N6
- Wed 5 7:45 pm Home Group, 14 Southwood Park, N6 5SG
- Thursday 6 7:30 pm Management Committee
- Friday 7 12:30–1 pm Christian Meditation
- Sunday 9 10:30 am Worship with Baptism of Samuel Steven and Holy
Communion led by Rev'd Julian Templeton
- Monday 10 7:30 pm Elders' Meeting, 42 Onslow Gardens, N10 3JX
- Wed 12 7:45 pm Home Group, 14 Southwood Park, N6 5SG

8:00 pm HASM Discussion Group, Free Church, Central Square, NW11 7AG (see p.12)

Friday 14 12:30-1 pm Christian Meditation

Sunday 16 10:30 am Worship led by Andrew Mills

Monday 17 2 – 4 pm Open Door Gathering

8:00 pm CTH Theology Group, Southwood Lawn Road, N6

Wed 19 7:45 pm Home Group, 14 Southwood Park, N6 5SG

Thurs 20 7:30 pm Area Forum, Speaker: Rev'd Robert Courtney, (see p.6)

Friday 21 12:30-1 pm Christian Meditation

Sunday 23 10:30 am **Harvest Festival** Worship led by Rev'd Julian Templeton

10:30 – 12:30 **Fun Sunday Harvest** in Hall

Wed 26 7:45 pm Home Group, 14 Southwood Park, N6 5SG

Friday 28 12:30-1 pm Christian Meditation

Sunday 30 10:30 am Worship led by Rev'd Robert Courtney

Monday 31 8:00 pm CTH Theology Group

November

Wed 2 7:45 pm Home Group, 14 Southwood Park, N6 5SG

Friday 4 12:30-1 pm Christian Meditation

Sat 5 7:30 pm Remembrance Concert at Crown Court Church, ?

Sunday 6 10:30 am Worship led by the Rev'd Roger Orme

Monday 7 2 – 4 pm Open Door Gathering

4:30 pm Elders' Meeting, 42 Onslow Gardens, N10 3JX

Wed 9 7:45 pm Home Group, 14 Southwood Park, N6 5SG

8:00 pm HASM Discussion Group, 31 Fordington Road, N6 4TD (see p.12)

Friday 11 12:30-1pm Christian Meditation

Sunday 13 10:30 pm **Remembrance Sunday** Worship

12:00 noon Light lunch and **End of Life Forum** (see p.7)

New Children's Leader

We are very pleased to announce that Amy Kinghorn has been appointed as the new Children's Leader, a part-time paid post. She will have responsibility not only for leading and organising Junior Church but also for leading 'Fun Sunday' in the Hall on the fourth Sunday of the month. This Christian craft-based event will run in parallel with morning worship from 10:30

- 12:30 and is aimed at children and adults who are not currently attracted by a conventional service of worship. The first Fun Sunday will take place on 23rd of October and will have a Harvest theme. Worshippers upstairs are encouraged go downstairs at the conclusion of worship and join in!



HASM Discussion Group

Wednesdays 8-10 pm

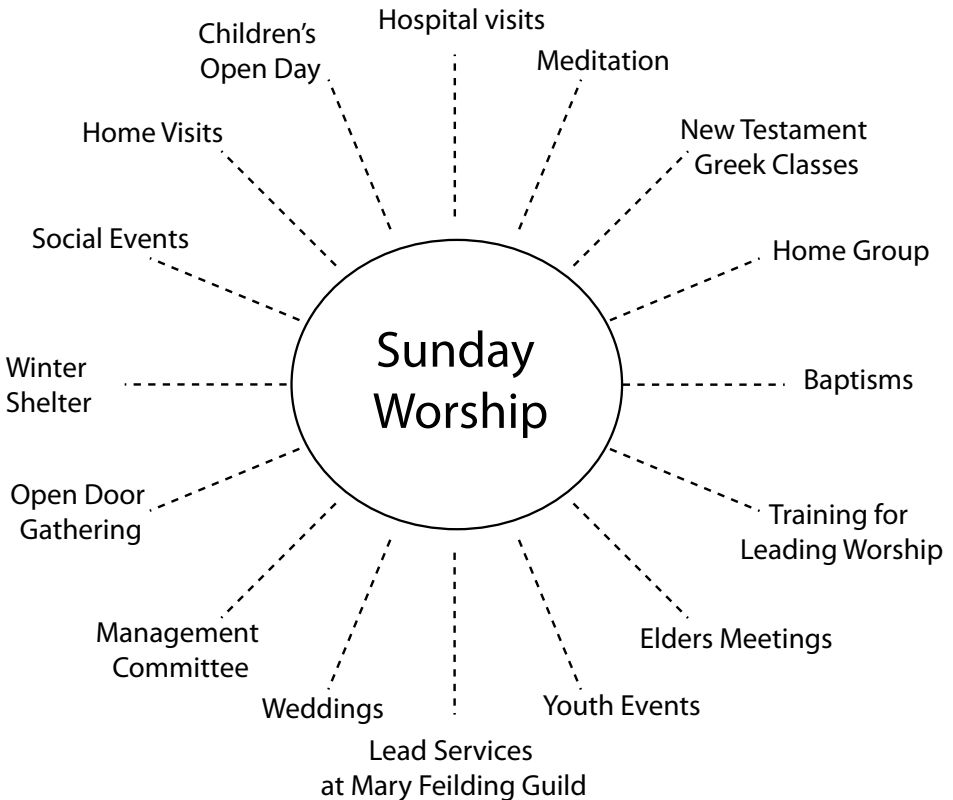
**Oct 12: Moral Problems in Public Administration
Elders' Vestry, Free Church, Central Square, Hampstead
Garden Suburb, NW11 7AG**

John Bryce, a retired civil servant, will open a discussion touching on the following questions: Can one speak of an 'ethos' in the civil service, and, if so, how has it changed in recent years? Has the civil servant a duty to enact policy decisions that are, in his/her opinion, morally flawed/impractical/ineffective? Can the leaking of information by a civil servant or politician ever be justified? Does loyalty to a Minister extend to justifying the issue of inaccurate/misleading information in support of government policy?

Nov 9: Radical Welcome 31 Fordington Road, N6 4TD
As the United Reformed Church considers how it can be radically welcoming, Sally Bateman will lead a discussion considering some of the key passages in Luke's Gospel where Jesus demonstrated hospitality. How did his inclusive acceptance upset the religious authorities of the time? What does it mean to be radically welcoming today?

Worship and Community

At the latest Elders meeting we were discussing our church identity and our links with the wider community. We came to the conclusion that Sunday Morning Worship was the Engine of Highgate URC and that it gave energy to a huge range of other activities that make us who we are. I was surprised to see how many things we do. I was also made aware that although Julian is the catalyst behind most of these, the activities would not take place without a huge input from Roger Orme and many others in the congregation. We should be very proud of what we have, and will continue to achieve. Here is the evidence that although we are small in number, we have and will continue to have an impact beyond our Sunday Service.



Laura Templeton

A Financial Update

Over the summer there has been progress both with the new chapel heating and Elthorne Road. The heating has been successfully installed but we have also received some very generous financial support towards the budgeted total cost of £15,000. In addition to the individual anonymous donation of £1,000 previously reported, we have received £5,000 from the URC Muswell Hill and £2,500 from the Grants, Loans & Property Committee through Thames North Synod. This support and generosity is a wonderful boost for our church and makes the project financially manageable.

The Elthorne Road building has been on the market throughout the summer and we will have our agents report on any prospective purchasers or lessors shortly. Roger Orme, Helen Roe and myself will then meet to consider what proposals or recommendations to make to the Elders and Church Meeting.



Church Meeting after worship on Sunday 25 September

We hope that as many as possible will be able to stay for the Church Meeting after worship on Sunday 25 September. One of the major items for discussion will be our current direction and future sustainability as a congregation. Following earlier discussions in Church Meeting, the Elders have been giving this much thought, and intend to present some of their thinking. They believe that we have a future only if we reach out much more intentionally and effectively to our wider community (see the Minister's letter at the front of this edition of Outlook). They will present a number of concrete proposals to facilitate this outreach, including one radical proposal about our identity as a congregation.



New Minister for Union Church, Crouch End

On your behalf, Julian and Laura Templeton attended the Service of Induction of the Rev'd Lynn Davidson as Minister of Union Church, Crouch End, on Saturday 20th August. Lynn trained for the Baptist Ministry at Regent's Park College, Oxford.

Originally from Glasgow, Lynn served as a special constable with the Warwickshire police until 1999 (which may give the more obstreperous contributors to Church Meeting pause!) when she made the change to social work. She will be the first full-time Minister that Union Church has had for many years. Since Union Church is part of our Area of Shared Ministry, we look forward to getting to know her.



Junior Church sponsor an Owl

During last term several junior church sessions looked at The Creation, and Caring for God's wonderful world. In keeping with this, and to encourage the children to have a sense of giving, of actively doing something to help, and as a longer term project over several weeks, we had an ongoing 'coppers' collection which raised almost £20.

We used the money collected to sponsor a beautiful owl at the World Owl Trust which works to protect owls in the UK and worldwide, and, because so much of the owls' well-being is linked to habitat, it's also involved in widespread environmental projects and the protection of ecological systems.

There is a plaque up at the Owl Trust centre, at Muncaster Castle in Cumbria, beside "our" owl for all to see, listing 'the Children of The United Reformed Church, Highgate' as sponsors. They sent us a lovely pack with owl news, pictures and a little owl mascot.

Although the centre is too far away for us to visit as a group, anyone who would like to learn more about their work can see it at www.owls.org. Following the success of this project we look forward to considering a similar project next year, perhaps focusing on a more local interest.

Jackie Wilson

Christian Meditation

We have restarted our Meditation on **Friday lunchtimes from 12-30 to 1pm**. We enjoy meditating together. It always seems easier than our determined efforts to find the space for silent prayer in our daily routine. For a few minutes every Friday we consider aspects of Christian Meditation, followed by 20 minutes of silence. We close with a short reading or prayer.

This September we have started to listen to a recording, *The Essential Teaching* by Father Laurence, a Benedictine monk of the Olivetan Congregation. He is the current director of The World Community for Christian Meditation. These talks focus on meditation as a necessity in every human life,

'to strike a balance between action and contemplation. Christianity offers its own tradition of meditation drawing on the wisdom teaching on prayer from the earliest Christian monks. For people today coping with the demands of modern life, Christian Meditation helps to re-connect us with our centre and bring mind and heart into harmony. These times of silent prayer do bear fruit in the way we are and the way we live and work.'

Over the years we have built up a library of recordings. Friday lunchtime is not always convenient for some members of the congregation who are interested in Meditation. It would be possible, I think, to evolve an efficient 'lending library', of our resources.

Gwyneth Wilson



Training for Learning and Serving Attachment

From October onwards, worshippers will be seeing Sally Bateman, member at Tetherdown United Reformed Church, Muswell Hill, assisting Julian in the leading of worship. This is because Sally is undertaking a Training for Learning and Serving Attachment, at the end of which she hopes to be nationally accredited as a Lay Preacher.



PLEASE NOTE THIS NEW DATE

Monday 26th September 2011, 7.30pm
United Reformed Church,

PRISONS AND THE JOURNEY TO FREEDOM

**How Can Churches become
Basic Caring Communities?**

A talk and discussion with

MONSIGNOR MALACHY KEEGAN

Today, there are over 85,000 children, women and men held in around 140 prisons in England and Wales. Why do we imprison more people than almost every other Western European country? Are there alternative responses to offending behaviour? Who are the people in our prisons? Why do people commit crime? Who are the victims? Is there a 'prison' in everybody's life?

Mgr Malachy Keegan is the Catholic Bishops' Prison Adviser to the Catholic Bishops' Conference of England and Wales. He has worked for many years in the Prison Service and is particularly interested in Restorative Justice, Prison Chaplaincy, and in the Re-settlement of Former Offenders. He is a psychotherapist with a great enthusiasm for bringing together Spirituality and Human Development. He feels passionately about 'Prison' being a metaphor for something we all experience and that the Good News of the Gospel is that the Lord comes to set us all free!

ALL WELCOME ~ NO CHARGE ~ REFRESHMENTS SERVED

The 1810 Cookbook

We've no Favourite Charity item for this edition of Outlook but instead a review of an unusual cookbook which benefits two good causes.

Not only do the proceeds from "The 1810 Cookbook" go towards funding a community music project on the Black Isle but the book has been published by a print workshop run by an Inverness charity which helps people recover from drug and alcohol dependency.

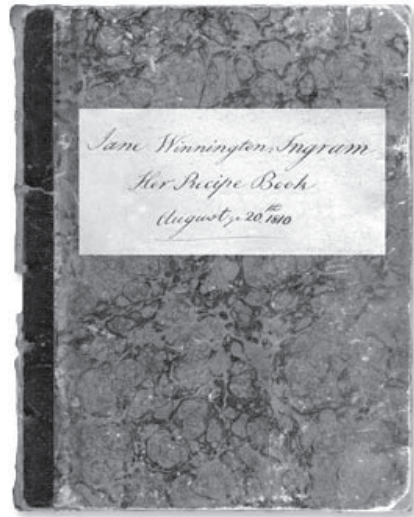
The book is a compilation of recipes, mostly culinary but with some medicinal and cosmetic ones too (don't try these at home!), taken from a recipe book kept by Jane Winnington-Ingram. The only daughter of the Dean of Worcester, Jane married the Reverend Edward Winnington-Ingram, Rector of Ribbesford, later Canon and Prebendary of Worcester Cathedral. She started this collection of recipes in 1810, the first year of her marriage.

The 201 year old cookbook was been passed down through the family and has now been published by Jane's great, great, great grand-daughter, Verity Walker. The recipes are reprinted in the original script and part of the fun of the book is in deciphering these.

Surprisingly some wouldn't look out of place in a modern cookbook – recipes for curry powder, macaroons, mulligatawny soup and macaroni Naples style. But there are more intriguing ones too – Jelly of Siberian Crab, The King's Cup, Veal Collops and Quenelle.

If you've ever wondered what Mock Turtle is or how to make Sally Lunn's cake, here's a chance to find out. There's also a website where you can comment on the recipes and post a query. www.the1810cookbook.com

Please let me know if you'd like to write about a favourite charity or worthwhile cause.



Andrea



Theology Group September – October 2011

Monday Evenings, 7:45 for 8:00 PM start
17 Southwood Lawn Road, Highgate, N6 5SD

Reading and discussing *The New Creation* by Herbert McCabe OP
(London, New York: Continuum, 2010)

Date	Chapter
19 September	Introduction and 1. The Word of God
3 October	2. The People of God
17 October	3. The New Creation
31 October	4. The Eucharistic Community

Coordinator: Julian Templeton: julian@templeton.me.uk • 020 8444 5076

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Garden Party

As this annual event didn't happen until August, there were fewer people than usual attending. However, the sun shone and we all enjoyed Julian's famous Pimms and everyone's shared food – a great time was had by all!



Barn Dance

Sat 1st October
7.30pm

Dust off your dancing shoes and
join us at

**Highgate United
Reformed Church**
for live band, caller,
drinks & light refreshments

Pond Square Chapel
South Grove
London N6 6BA

Tickets in advance
£10

£5 children & concessions

Contact: Laura Templeton
020 8444 5076
laura@templeton.me.uk

